



THE PHYSIS
INSTITUTE

TA 101

Introductory Course in Transactional Analysis

*28-29 January
Saturday and Sunday
2017*

Trainer

**Jo Stuthridge MSc NZAP TSTA
Registered Psychotherapist**

Transactional Analysis is a practical psychological theory, useful for working with people in a variety of fields. It can be used as a simple model, easily applied in counselling or organisational contexts, while at an advanced level it becomes a profound theory and method of psychotherapy. The full 3-year course offers a pathway to registration as a psychotherapist with the Psychotherapists' Board of Aotearoa NZ. See website for details <http://www.jostuthridge.co.nz/Training.html>

The TA 101 is an introductory course that conforms to an international standard. It looks at self-development through the lens of a clear model and provides a series of tools for understanding and changing the way we think, feel and behave, in a contractual way. This two day experiential workshop includes teaching, exercises and discussion.

The TA 101 course is suitable for, but not limited to, trainees and practitioners in counselling, psychotherapy and mental health. It may be used as a beginning to further training in Transactional Analysis, or may stand alone as a useful addition to a practitioner's repertoire and a tool for self development.



Jo Stuthridge MSc TSTA NZAP is a registered psychotherapist in private practise and a Teaching and Supervising Transactional Analyst. She has published several articles and book chapters on transactional analysis. Jo is currently a co-editor for the international Transactional Analysis Journal and a teaching and research associate with the Department of Psychotherapy at Auckland University of Technology.

Dates and times: 28 and 29 January
2017, 10.00 am - 5.00 pm

Venue: Alexander McMillan Room,
Community House, 301 Moray Place
Dunedin

The fee is \$200 There is an early-bird fee of \$180 available until 21 December 2016 and a student rate of \$140.

Enrolments close 20 Jan 2017. To enrol leave a message at (03) 455 1067 or e-mail your enquiry to Jo at: jstuthridge@xtra.co.nz

Cancellation: fees are refundable for cancellations received before 13 Jan 2017.

TA 101

28 and 29 January 2017

ENROLMENT FORM

Name _____

Address _____

Phone: Work _____

Home _____

Occupation _____

Early bird fee \$180, if paid by 21st Dec 2016

Full time students, \$140

Payment \$200 enclosed

Paid by internet

Payment date.....

Account name: Physis Groups, Westpac account number: 03 0905 0511059 00

Please include your name in the reference field if paying by internet.

Make cheques payable to:

"The Physis Institute"

Send to: The Physis Institute

85 Cliffs Rd

Dunedin 9012

Thank you.